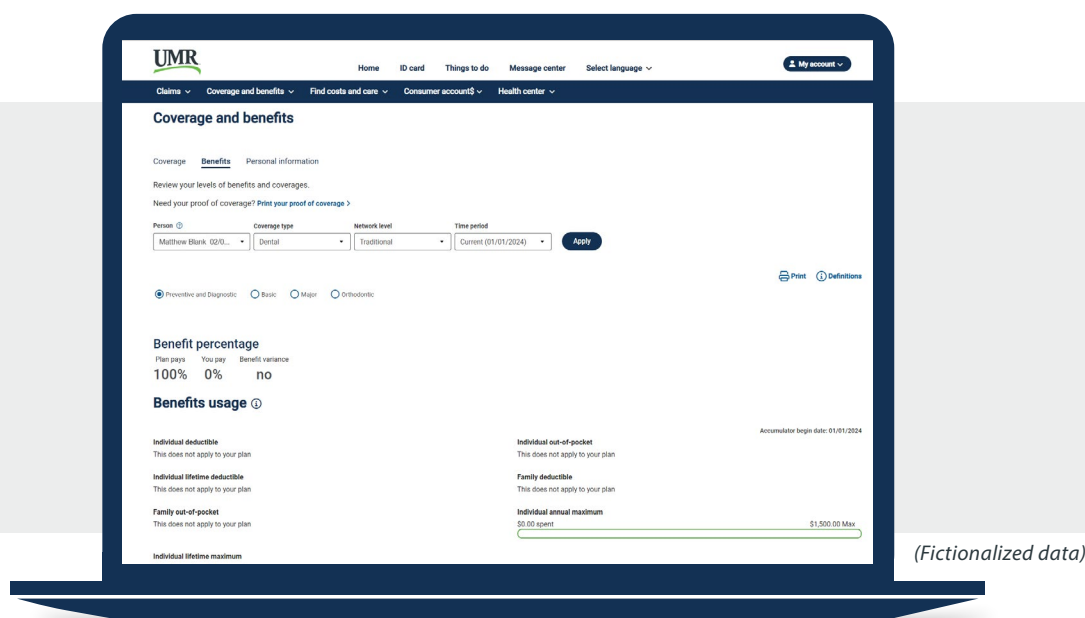# Get all your answers quick and easy at umr.com

Access your dental benefits anytime

UMR online services gives you a convenient location to get the dental information you need when you need it. You can even access your account on-the-go by visiting **umr.com** or downloading the **UMR app** from your app store.

There are no hassles and no waiting – just the answers you're looking for, anytime, night or day.

(Fictionalized data)

Sign in now to:

- Check your benefits and see what's covered

- Look up what you owe and how much you've paid

- Find a dental provider in your network

- View, print, fax or order duplicate or replacement ID cards

- Access tools and trusted resources to help you live a healthier life

Getting started

Go to **umr.com** or the **UMR app** to sign in. If you have an account, follow the steps to sign in. If it's your first time visiting, please create a HealthSafe ID to set up your account. Make sure you have your ID card handy and follow the steps to get started.

Need help?

Please call the customer service number on your ID card.

Note: The images shown reflect available features within our desktop site. These features may or may not be available to all users, depending on your individual and/or company benefits.

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